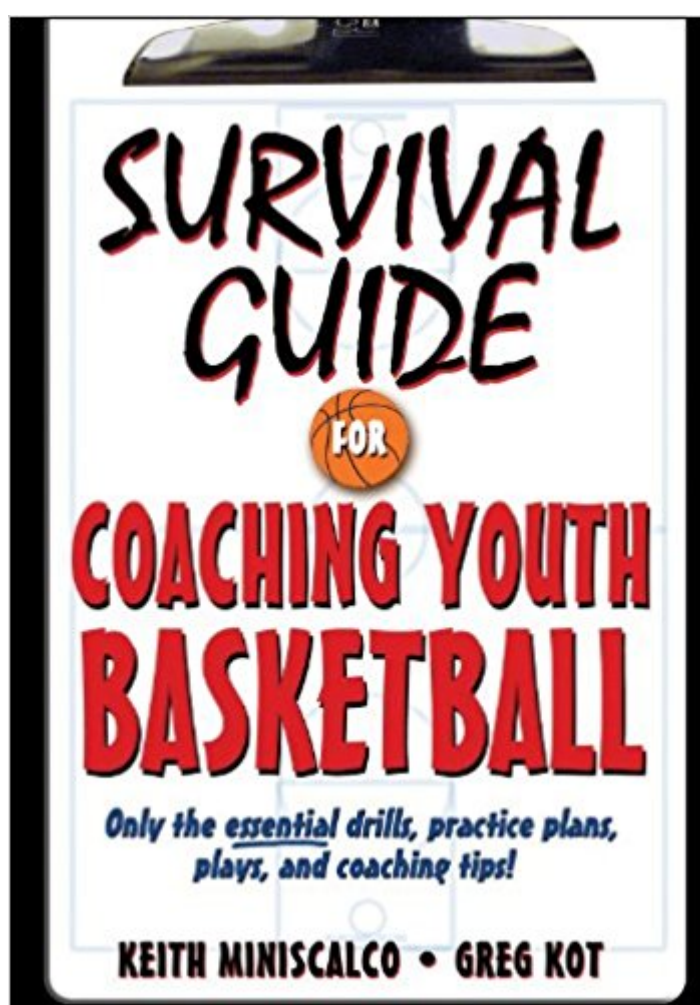


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# Survival Guide For Coaching Youth Basketball: Only The Essential Drills, Practice Plans, Plays, And Coaching Tips!



## Synopsis

You volunteered to coach the basketball team, but are you really ready? How will you teach the fundamental skills, run effective practices, and harness the energy of your young team? Fear not: Survival Guide for Coaching Youth Basketball has the answers. In Survival Guide for Coaching Youth Basketball, longtime coaches Keith Miniscalco and Greg Kot share their experience and provide advice you can rely on from first practice to final shot. From evaluating players' skills and establishing realistic goals to in-game coaching tips, it's all here—the drills, the plays, the fun. Develop your team's dribbling, passing, shooting, and rebounding skills with the Survival Guide's collection of the game's best youth drills. For plays and sets that young teams can actually run, flip to the Survival Guide's offensive and defensive playbook. And to get the most out of every practice, follow the ready-to-use practice plans. Survival Guide for Coaching Youth Basketball has everything you need for a rewarding and productive season.

## Book Information

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## Customer Reviews

"Keith and Greg are to be congratulated for providing a simplified book of basketball skills, drills, techniques, and plays for youth basketball. With this survival guide, your season will be more productive and enjoyable for you and your players." Dick Baumgartner  
Director of Dick Baumgartner's Shooting Camp

"Survival Guide for Coaching Youth Basketball is a wonderful book that provides insight, concepts, humor, and truth--which have all been tested. It is a must-read."

Tanya Johnson  
Head Coach of Loyola Academy's Varsity Basketball  
"Survival Guide for Coaching Youth Basketball is a crash course in how to teach the basic technical skills of basketball. It's a must-have for introducing young players to baseline basketball Xs and Os." •Amy

Tocco Executive Director of the American Sport Education Program

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I like the way the book is set up, very easy to read. The front of the book has a drill matrix which helps you easily find the drills. Other than a couple of drills, most information here is very elementary and for someone who has never coached or played. I am a little more experienced as a coach, but still found some nuggets of good information. I believe you will learn something by purchasing this book even if it just provides additional plays.

This guide will do as it says, guide you through the starting phases of the game of basketball and into a place where you can understand the game. Then as you start advancing your knowledge you'll begin to pick up more information you read and apply the instructional part of this guide as well as the great coaching advice it gives. You'll see as you read this guide is far from bias, the wording as you will see uses her team etc..... So this was written through someones mind that understood and is well capable of coaching and knowing the game also. You cant argue the price nor the valuable information that is shared and passed onto you through the authors coaching and love of the game. Super drills and the book will talk about and reinforce the things you witness that some coaches will miss in all sports, it's a GAME & for the KID's to LEARN! So I hope this little blurt helps you and you won't go wrong putting the few dollars out to enhance your already broad coaching spectrum or the new coach that is looking to learn the right way to tackle a sport like Basketball, that isn't just about showing kid's how to bang a ball off the floor and then throw a orange ball at a ring on a board! Enjoy, good luck and healthy seasons, you'll like this guide!

This book really helped me survive my first year as a coach of 11-14 year old girls. Every aspect of

the role is covered. The drills are solid, but I found myself needing more varied options given my team makeup. In summary, I doubt there is a better primer for coaching youth basketball although you may need additional resources given your team makeup.

I've been playing basketball all my life and love the sport but coaching is completely different. Knowing what to do and knowing what to teach are two different things. This book was easy to read and is a great tool to get started with. It explains the fundamentals that the kids need to know and gives a reasonable amount of drills to reinforce those skills. I use something from it in every practice. Please read the title, it tells you everything you need to know. "Coaching Youth Basketball" - This book is about the basic fundamentals to teach to new, inexperienced or even older kids who have been poorly coached. It's an introduction to dribbling, passing, shooting, offense, and defense. They also touch on in-bound plays and beating a press. "Only the Essential Drills, Practice Plans, Plays, and Coaching Tips" - This is a good thing, it's easy to read, understand and teach. It's a good starting point, as you and your team advance you will need more drills, plays, etc.

Outstanding drills, game schemes, and practice planning for youth teams 1-8th grade levels...best coaching literature I've used in a long time!!!

I am new to coaching this year (4-5 grade boys) so I needed a book that would demonstrate the basics as I did not have any formal training growing up. The book is easy to read and lays out the basics from individual skill techniques to defensive and offensive sets for the team to run. It also has a schedule list of things to run a practice so you do not have to come up with one yourself to start. I have found this book to be very helpful. The only reason that I did not give it 5 stars is that I was hoping that it would contain more "fun drills" for the kids to do (kids really like the "knock out" game in it). Overall, worth the money..

Great tips for first time coaches!

I coached really young kids early on, but when I was tapped to coach 13 year olds, I wanted to get some kind of structure and understanding of the basic fundamentals and basic team strategy. This book may not work for a highly competitive team, but then those coaches probably aren't looking for a book like this. For me, it was excellent, and I feel like the boys really learned a lot.

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